

Week 1.	Breakfast	Lunch	Tea
Monday	Cereal & Toast Gluten	CHICKEN CURRY AND RICE Celery, Gluten YOGHURT Dairy	GNOCCHI IN TOMATO SAUCE Celery, Gluten, and Dairy
Tuesday	Cereal & Toast Gluten	ROAST PORK ROAST POTATOES & VEGETABLES AND GRAVY. Gravy- Gluten, Soya YOGHURT Dairy	CRACKERS & SOFT CREAM CHEESE Dairy Gluten
Wednesday	Cereal & Toast Gluten	VEGETABLE LASAGNE Celery, Gluten, and Dairy YOGHURT Dairy	FISH CAKE & BAKED- BEANS Fish, Gluten
Thursday	Cereal & Crumpets Gluten	HOT POT Celery, Gluten, Soya YOGHURT Dairy	SCRAMBLED EGGS ON TOAST Egg, Dairy Gluten
Friday	Soft Boiled Egg & Soldiers Egg Gluten	FISH FINGERS, MASHED POTATO & BEANS Fish, Dairy and Gluten YOGHURT Dairy	CHICKEN NUGGETS & SPAGHETTI HOOPS. Gluten

Week 2.	Breakfast	Lunch	Tea
Monday	Cereal & Toast Gluten	SPAGHETTI BOLOGNESE. Celery, Gluten. YOGHURT Dairy	JACKET POTATOES & CHEESE Dairy
Tuesday	Cereal & Toast Gluten	SWEET AND SOUR CHICKEN AND RICE Gluten, Soya, Sorbate, Celery YOGHURT Dairy	BEANS ON TOAST Gluten
Wednesday	Cereal & Toast Gluten	ROAST GAMMON, POTATOES, VEGETABLES AND GRAVY. Gravy- Gluten, Soya YOGHURT Dairy	MACARONI CHEESE. Dairy, Gluten
Thursday	Cereal & Crumpets Gluten	FISH PIE Gluten, Dairy, Celery YOGHURT Dairy	PIZZA Dairy Gluten
Friday	Soft Boiled Egg and Soldiers Egg Gluten	VEGETABLE CHOW MEIN Gluten, Celery, Soya, YOGHURT Dairy	HAM or CHEESE SANDWICHES Dairy, Gluten

Week 3.	Breakfast	Lunch	Tea
Monday	Cereal & Toast Gluten	FISH CURRY & RICE or ORZO Fish, Gluten, Celery YOGHURT Dairy	PASTA AND TOMATO SAUCE Celery, Gluten
Tuesday	Cereal & Toast Gluten	COTTAGE PIE Dairy, Celery YOGHURT Dairy	CHICKEN, HOISIN SAUCE RICE AND PEAS Gluten Sesame Seeds, Soya
Wednesday	Cereal & Toast Gluten	VEGETABLE STEW Milk, Celery, Gluten Soya YOGHURT Dairy	CHEESE ON TOAST. Dairy, Gluten
Thursday	Cereal & Crumpets Gluten	ROAST BEEF, ROAST POTATOES, VEGETABLES AND GRAVY Gravy - Gluten, Soya YOGHURT Dairy	PIZZA Gluten, Dairy
Friday	Soft Boiled Egg and Soldiers Egg Gluten	CHICKEN & BACON PASTA Gluten, Dairy YOGHURT Dairy	SOUP AND ROLL Celery, Gluten

Week 4.	Breakfast	Lunch	Tea
Monday	Cereal & Toast Gluten	SAUSAGE, MASHED POTATOES & BAKED BEANS Gluten, Soya, Sulphite, Dairy YOGHURT Dairy	FISH FINGERS SANDWICHES Fish, Gluten
Tuesday	Cereal & Toast Gluten	ROAST PORK, ROAST POTATOES, VEGETABLES, GRAVY Gravy- Gluten, Soya YOGHURT Dairy	PASTA IN TOMATO SAUCE. Gluten, Celery
Wednesday	Cereal & Toast Gluten	CHICKEN STROGANOFF Celery, Gluten, Dairy. YOGHURT Dairy	CHEESE & CRACKERS Dairy, Gluten
Thursday	Cereal & Crumpets Gluten	VEGETABLE PASTA Celery, Gluten YOGHURT Dairy	CHICKEN, HOISIN SAUCE RICE AND PEAS Gluten, Sesame Seeds, Soya
Friday	Soft Boiled Egg and Soldiers Egg Gluten	BEEF CHILLI & RICE Celery, Gluten YOGHURT Dairy	JACKET POTATOES & BAKED BEANS

Week 5.	Breakfast	Lunch	Tea
Monday	Cereal & Toast Gluten	SPANISH CHICKEN Gluten, Celery YOGHURT Dairy	BROCOLLI CHEESE Dairy
Tuesday	Cereal & Toast Gluten	SAUSAGE, MASHED POTATOES, PEAS GRAVY Gluten, Soya, Sulphite, Dairy YOGHURT Dairy	TUNA & MAYO, Or HAM SANDWICHES Fish, Egg, Gluten
Wednesday	Cereal & Toast Gluten	ROAST GAMMON, ROAST POTATOES, VEGETABLES, GRAVY Gravy, Soya, Gluten YOGHURT Dairy	CRACKERS & SOFT CHEESE Gluten, Dairy
Thursday	Cereal & Crumpets Gluten	VEGETABLE CHILLI RICE Celery, Gluten YOGHURT Dairy	SCRAMBLED EGG & TOAST Egg, Dairy, Gluten
Friday	Soft Boiled Egg and Soldiers Egg Gluten	MEAT-BALLS IN TOMATO SAUCE & PASTA Celery, Gluten YOGHURT Dairy	PIZZA Dairy Gluten

Week 6.	Breakfast	Lunch	Tea
Monday	Cereal & Toast Gluten	RATATOUILLE & GARLIC BREAD Gluten, Celery, Dairy YOGHURT Dairy	JACKET POTATOES & BAKED BEANS
Tuesday	Cereal & Toast Gluten	BEEF LASAGNE Celery, Gluten, Dairy YOGHURT Dairy	CREAM CHEESE & CRACKERS Dairy, Gluten
Wednesday	Cereal & Toast Gluten	SAUSAGE CASSEROLE Gluten, Soya, Sulphite, Celery YOGHURT Dairy	CHEESE or TUNA & MAYO SANDWICHES Fish, Dairy, Gluten
Thursday	Cereal & Crumpets Gluten	ROAST CHICKEN, ROAST POTATOES, VEGETABLES, GRAVY Gravy, Soya, Gluten YOGHURT Dairy	MACARONI CHEESE Dairy, Gluten
Friday	Soft Boiled Egg and Soldiers Egg Gluten	BATTERED FISH, CHIPS & MUSHY PIES Fish, Gluten, Dairy, Mustard YOGHURT Dairy	PASTA & TOMATO SAUCE Celery, Gluten